

# Tariffs 2026

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*valid from 1 January 2026*

## Care services according to the Health Insurance Act (KVG)

Medically prescribed nursing services (somatic and psychological) are mandatory benefits of the health insurers under the KVG and are billed directly to the health insurers as follows (without customer participation):

### Mandatory benefits according to the Health Care Benefits Ordinance (KLV)

Measures for assessment, counselling, and coordination (incl. quantification of assistance and care needs according to the medical order)	CHF 76.90/hour
Measures for examination and treatment	CHF 63.00/hour
Measures for basic care	CHF 52.60/hour

The minimum service duration is 10 minutes; thereafter, services are rounded to the next 5 minutes.

### Customer participation max. CHF 7.65/day

The customer participation is billed directly to the customer and is not reimbursed by the health insurer. It is charged in addition to the deductible and excess.

For children and adolescents under 18 years of age, as well as for persons whose services are financed not by the health insurance but by the disability insurance (IV), military insurance (MV), or accident insurance, the customer participation does not apply.

## Household services

Household services are not mandatory benefits of the health insurers and are billed to customers at the following rates:

Household services	CHF 41.00/hour
Assessment and counselling	CHF 76.90/hour

The minimum service duration is 15 minutes; thereafter, services are rounded to the next 5 minutes.

If a corresponding supplementary insurance policy exists, the health insurer may cover part of the costs for household services. Clarification of any entitlements is the responsibility of the customers.

For agreed nursing or household appointments that are not cancelled by the customers at least 24 hours in advance, an administrative fee of **CHF 100.00** will be charged.

## Comfort services

Home support per hour (e.g. respite for relatives)	CHF 56.00
External accompaniment per hour (e.g. doctor's appointments)	CHF 56.00
Cleaning work per hour (e.g. windows, etc.)	CHF 48.00
Flat-rate travel fee per comfort service assignment	CHF 15.00
Mileage compensation per km (customer-related trips, e.g. shopping)	CHF 1.00
Duplicate invoice / photocopy	CHF 1.00
Reminder fee	CHF 5.00

## Meal service

### Fresh meals

Every day (Monday to Sunday), our Spitex staff deliver warm, freshly prepared, seasonal meals directly to your home. CHF 27.80

### Ready-made meals

The Spitex meal service delivers ready-made meals to your home on a weekly basis. The minimum order quantity is 3 meals per week; otherwise, a delivery fee will be charged. Orders must be placed 2 weeks in advance. Ready-made meals that have already been ordered can be cancelled free of charge up to two weeks in advance; for later cancellations, a cost contribution will be charged per meal.

Menu: Meat, vegetables, side dish	CHF 18.50
Vegetarian menu: Two vegetables, side dish	CHF 18.50
Monthly special	CHF 16.00
Hit	CHF 19.50
Soup (individual bowl)	CHF 5.00
Salad (individual bowl / meatless)	CHF 5.00
Dessert (individual bowl) / fruit cup	CHF 5.00
Delivery fee for fewer than 3 meals per week	CHF 7.00
Cancellation fee	CHF 5.00

## Medical supplies

In our medical equipment centre, you can rent and/or purchase aids for care and rehabilitation. Item and price lists can be found on our website ([www.spitex-zimmerberg.ch](http://www.spitex-zimmerberg.ch)).

## Cost coverage through supplementary benefits

We recommend that recipients of pensions or daily allowances from the AHV or IV clarify whether the costs for Spitex services (care and household support) can be partially or fully covered by supplementary benefits. Please contact the following offices:

Adliswil:	Advisory Office 60+, Zürichstrasse 19, 8134 Adliswil	Tel. 044 711 78 38
Langnau a.A.:	Department of Social Affairs, Dorfstrasse 14, 8135 Langnau a.A	Tel. 044 713 55 22
Kilchberg:	Social Services/Health, Alte Landstrasse 110, 8802 Kilchberg	Tel. 044 716 32 19
Rüschlikon:	Social Services, Pilgerweg 29, 8803 Rüschlikon	Tel. 044 724 72 31
Thalwil:	Department DLZ Social Services, Alte Landstrasse 108, 8800 Thalwil	Tel. 044 723 21 11